

Dear passenger,

According to the Ministerial order stipulating the health security measure of self-isolation, Class: 501-01/20-01/06, Number: 534-02-20-1, issued on 13. March 2020. you are required to submit to self-isolation if you are arriving from a country reporting wide spread or local transmission of coronavirus disease COVID-19 during 14 days.

A person who falls ill with COVID-19 is infectious for contacts from the very beginning of illness, when the symptoms are still mild and may transmit the virus 1-2 days before onset of symptoms. The purpose of self-isolation is to minimize the number of contacts who may be infected in case you fall ill, in order to minimize disease transmission in the community.

Please proceed to your designated accommodation by the shortest route and when you arrive (or next morning, if you arrive during the night) contact the epidemiologist responsible according to the county of your accommodation. The list of county epidemiologists' mobile phone numbers is provided below.

During the self-isolation period do not leave your accommodation.

If you develop symptoms of respiratory disease (fever, cough, shortness of breath, difficulty of breathing, sore throat, malaise), contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) and the epidemiologist according to your place of stay, who will decide on the need of testing for coronavirus.

If you require medical assistance for reasons which are not related to respiratory disease, contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) or ask your fellow passenger or accommodation owner to contact a doctor for you. Do not go to medical institutions on your own, without contacting the institution by telephone in advance.

Minimize the number of your social contacts during the self-isolation period only to persons who you need to meet of essential purposes, e.g. delivery of medicines, food, household necessities. Avoid physical contact and keep distance from others of at least 2 meters. Pay special attention to avoid contact with senior citizens and persons with chronic illnesses.

Wash hands frequently. Take special care to clean surfaces and objects you come in contact with in order to reduce risk of spread of the virus to household members. Regular cleaning detergents with declared disinfecting properties are suitable. Frequently ventilate the room you use by opening windows with closed doors.

You can find more information on coronavirus and methods to prevent disease on web pages of the Croatian Institute of Public Health <https://www.hzjz.hr/sluzba-epidemiologija-zarazne-bolesti/koronavirus-najnovije-preporuke/>

List of countries on which the self-isolation requirements apply to if you have visited them in the past 14 days.

Narodna Republika Kina	People's Republic of China
Republika Koreja	Republic of Korea
Japan	Japan
Republika Singapur	Republic of Singapore
Australija	Australia
Malezija	Malaysia
Republika Filipini	Republic of the Philippines
Socijalistička Republika Vijetnam	Socialist Republic of Viet Nam
Kraljevina Kambodža	Kingdom of Cambodia
Novi Zeland	New Zealand
Talijanska Republika	Republic of Italy
Kraljevina Španjolska	Kingdom of Spain
Francuska Republika	French Republic
Savezna Republika Njemačka	Federal Republic of Germany
Švicarska Konfederacija	Swiss Confederation
Kraljevina Danska	Kingdom of Denmark
Kraljevina Švedska	Kingdom of Sweden
Kraljevina Nizozemska	Kingdom of the Netherlands
Ujedinjena Kraljevina Velike Britanije i Sjeverne Irske	United Kingdom of Great Britain and Northern Ireland
Republika Austrija	Republic of Austria
Kraljevina Norveška	Kingdom of Norway
Češka Republika	Czech Republic
Republika Finska	Republic of Finland
Helenska Republika	Hellenic Republic
Država Izrael	State of Israel
Irska	Ireland
Republika San Marino	Republic of San Marino
Republika Island	Republic of Iceland
Bela Krajina u Republici Sloveniji	Bela Krajina in the Republic of Slovenia
Republika Poljska	Republic of Poland
Rumunjska	Romania
Portugalska Republika	Portuguese Republic
Slovačka Republika	Slovak Republic
Republika Bjelarus	Republic of Belarus
Republika Bugarska	Republic of Bulgaria
Republika Sjeverna Makedonija	Republic of North Macedonia
Kraljevina Tajland	Kingdom of Thailand
Republika Indija	Republic of India
Republika Indonezija	Republic of Indonesia
Republika Maldivi	Republic of Maldives
Islamska Republika Iran	Islamic Republic of Iran
Kraljevina Bahrein	Kingdom of Bahrain

Ujedinjeni Arapski Emirati	United Arab Emirates
Republika Irak	Republic of Iraq
Arapska Republika Egipat	Arab Republic of Egypt
Libanonska Republika	Lebanese Republic
Islamska Republika Pakistan	Islamic Republic of Pakistan
Narodna Republika Bangladeš	People's Republic of Bangladesh
Kanada	Canada
Savezna Republika Brazil	Federative Republic of Brazil
Republika Čile	Republic of Chile
Republika Kostarika	Republic of Costa Rica
Alžirska Narodna Demokratska Republika	People's Democratic Republic of Algeria
Republika Kamerun	Republic of Cameroon
Republika Peru	Republic of Peru
Republika Ekvador	Republic of Ecuador

Mobile phone numbers of county epidemiologists you should contact upon arrival to your destination/accommodation are listed in the table below (Table 2.).

County epidemiologists' mobile phone numbers	
ZZJZ "Dr. Andrija Štampar", Zagreb City	091 46 96 444
ZZJZ Krapinsko-zagorske	099 245 55 45
	091 730 79 13
	091 510 31 65
ZZJZ Sisačko moslavačke	098 29 35 78
	098 293576
	098 29 35 72
	098 981 32 73
ZZJZ Karlovačke	098 247 630
ZZJZ Varaždinske	099 211 98 02
ZZJZ Koprivničko križevačke	098 59 22 15
ZZJZ Bjelovarsko bilogorske	098 49 20 24
ZZJZ Primorsko goranske	091 125 72 10
ZZJZ Ličko senjske županije	091 504 49 17
ZZJZ Virovitičko podravske	098 46 59 45
	098 46 59 44
ZZJZ Požeško slavonske	098 98 29 204
ZZJZ Brodsko posavske	091 51 70 426
ZZJZ Zadarske	098 33 27 65
ZZJZ Osječko baranjske	031 225 717
ZZJZ Šibensko kninske	091 43 41 201
ZZJZ Vukovarsko srijemske	091 37 04 290
	0912700366
ZZJZ Splitsko dalmatinske	091 15 12 003
ZZJZ Istarske	098 441 821
ZZJZ Dubrovačko neretvanske	098 24 34 54
ZZJZ Međimurske	098 55 88 11
ZZJZ Zagreb county	099 736 87 84
Croatian Institute of Public Health	098 22 77 53

COVID-19

Virus SARS-CoV-2

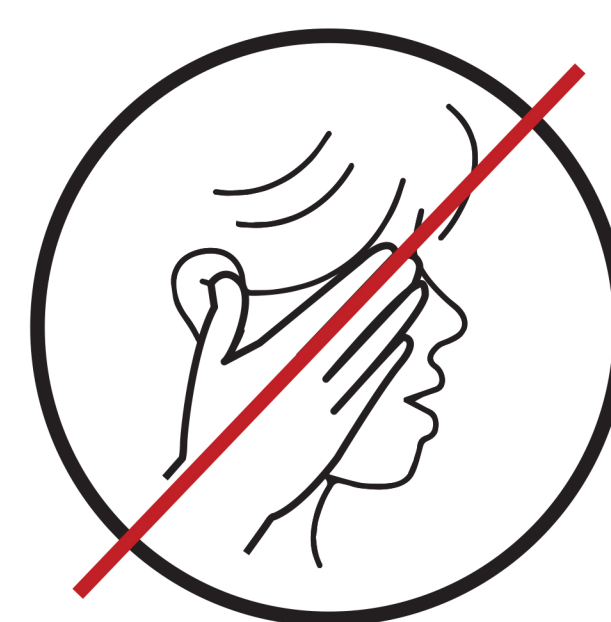
BOLEST UZROKOVA NOVIM KORONAVIRUSOM

Novel coronavirus



Zaštita:

- * redovito perite ruke sapunom i vodom Ili koristite dezinficijens na bazi alkohola
- * kada kašljete i kišete prekrijte usta i nos laktom ili papirnatom maramicom koju poslije odbacite u koš za otpad te operite ruke
- * izbjegavajte dodirivanje lica, usta, nosa i oči
- * izbjegavajte bliski kontakt s osobama koje imaju povišenu tjelesnu temperaturu, kašalj i/ili kratak dah
- * izbjegavajte rukovanje i održavajte razmak od barem 1m kod razgovora
- * provjetravajte prostorije i boravite što više na otvorenom
- * izbjegavajte veće grupe ljudi i javna okupljanja



Protection:

- * wash your hands regularly with soap and water OR use an alcohol-based disinfectant
- * when coughing and sneezing, cover your mouth and nose with your elbow or tissue paper that you later discard into the trash can and wash your hands
- * avoid touching your face, mouth, nose and eyes
- * avoid close contact with sick people who exhibit symptoms of fever, cough and/or shortness of breath
- * avoid handshaking and close conversation - maintain a distance of at least 1m
- * keep the rooms ventilated and try to spend as much time as possible out in the open
- * avoid large groups of people and public gatherings